

# Refinement of pharmacophore models for inhibition of 11 $\beta$ -hydroxysteroid dehydrogenases, regulators of intracellular glucocorticoid concentrations

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11 $\beta$ -Hydroxysteroid dehydrogenases (11 $\beta$ -HSDs) regulate the local concentrations of cortisone and cortisol in human tissues: 11 $\beta$ -HSD1 converts the inactive cortisone to active cortisol and 11 $\beta$ -HSD2 catalyzes the opposite reaction. [1] Selective 11 $\beta$ -HSD1 inhibitors could be used in the treatment of metabolic syndrome and type 2 diabetes, while inhibition of 11 $\beta$ -HSD2 causes hypokalemia and hypertension. [2-3]. We have previously reported pharmacophore models for 11 $\beta$ -HSD inhibition, which are used for virtual screening, drug discovery and toxicological studies. [4-5] Since new 11 $\beta$ -HSD inhibitors are constantly reported, it is important to regularly re-evaluate the performance of the models to confirm good model quality. For the model refinement purposes, all our 11 $\beta$ -HSD models were employed for virtual screening of following databases: Innhouse (own development), Specs ([www.specs.net](http://www.specs.net)), Maybridge ([www.maybridge.com](http://www.maybridge.com)), DrugBank ([www.drugbank.ca](http://www.drugbank.ca)), Endocrine disrupting chemical library [6] and DIOS [7]. From these screenings, 43 compounds, including endocrine disruptors, natural products and currently used drugs were tested *in vitro* for their 11 $\beta$ -HSD activity. The results of the enzyme activity tests were used for refining the models: all the compounds were fitted to the models and several model refinement steps were taken to increase the model performance. During this study we have discovered new 11 $\beta$ -HSD inhibitors and optimized our 11 $\beta$ -HSD pharmacophore models.

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